## All About Me

My name is \_\_\_\_\_\_ and I am \_\_\_\_\_\_ years old. I have Angelman syndrome.

## About Angelman Syndrome:

Angelman syndrome (AS) is a rare neuro-genetic disorder that occurs in one in 15,000 live births. People with Angelman syndrome have developmental problems that become noticeable by the age of 6 – 12 months. Other common signs and symptoms usually appear in early childhood like walking and balance disorders, gastrointestinal issues, seizures and little to no speech. Despite these symptoms, people with Angelman syndrome have an overall happy and excitable demeanor. An individual with AS will light up a room with their smile and laughter.

Below is a general idea of how to best communicate with me and understand me a little better!

Mobility:

Communication:

**Bathroom Procedures:** 



Photo Goes Here

## Behavior:

Shower/Bath Time:

Dental Hygiene:

Bedtime/Sleep:

Mealtime/Eating/Snacks:

Allergies:



Seizures and Seizure Protocol:

**Current Medications:** 

**Emergency Contacts:** 

Things that make me happy and things I enjoy:

Things that frustrate me or upset me:

Additional Information:

