Chipping Away at the Mountain: Journey to Adulthood

When & How to Start, Where to go, Who to talk to. Develop your own Action Plan to Success.

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Link to Presentation
bit.ly/3kjHsZY
Joseph's Services at age 21

#1 SFUSD
1:1 Support Transitioning to Adult Life

#2 In Home Support Services
283 Hrs/Mo @ $16.50/Hr = $4,669.50/Mo

#3 Supported Employment
1:1 Dept of Rehab & Waiver Match

#4 Independent Living Services
State & Waiver Watch

#5 Supplemental Security Income
$943.72/Month

#6 Housing
HUD Section 811 Voucher
$600/Mo in San Francisco

#7 Supported Living Services
1:1 State & Waiver Match

#8 Integrated Work Program
1:1 State & Waiver Match

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#1 – SFUSD (school)

- San Francisco Unified School District Transition Program after high school (for students age 18-22)
- This is a federally and state funded program.

Joseph has had one-to-one paraprofessional support since 5th grade and was fully included in middle and high school.
In Home Support Services (IHSS)

★ personal services (feeding, bathing, food preparation, dressing, etc)
★ paid for by the Federal Department of Health and Human Services (HHS) through the City of San Francisco for persons with disabilities over the age of 18
★ receiving Supplemental Security Income (SSI)
★ Hours are allocated after assessment
  ○ 283 hours/month is the current maximum allocated in San Francisco equaling approximately $4669.50/month.

Joseph is the employer of this support provider.
#3 — Supported Employment

Supported Employment (individual in a community employment setting with support)

★ adult employment program provided by The Arc of S.F.
  ○ Joseph could enter after leaving the school district in June 2002.
★ This program’s funding is split between (or matched by) the Department of Rehabilitation (state) and the Home and Community Based Service (HCBS) waiver (federal) programs
★ Time limited job coach

Joseph will require one-to-one support.
Independent Living Services (ILS) are services designed to teach Joseph to become more independent in his home.

The Arc S.F. as a vendor of Golden Gate Regional Center (GGRC) provides these services.

The funding for ILS is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.

The number of hours allocated is determined by Joseph’s needs and goals delineated in his Individual Program Plan (IPP).
Supplemental Security Income (SSI) disability benefits are paid to people who have a disability, earn little or no income and own assets not to exceed $2,000.

SSI is a program financed through general (federal) tax revenues - not through Social Security trust funds.

Joseph receives $943.72/month and includes $160.72 from the state.

People eligible for SSI are automatically eligible for Medi-Cal.
The Department of Housing and Urban Development (HUD) awarded a Section 811 Voucher to the apartment building that Joseph lives in.

The local Public Housing Authority (PHA) administers this federal rental subsidy program. HUD determines the fair market rent for his part of the apartment ($600/month).

Joseph can only be required to pay up to 30% of his income in rent ($232) HUD pays the difference directly to the landlord.
#7 — Supported Living Services

- Supported Living Services (SLS) are for individuals with severe disabilities to help them live safely in their local community.
- The Arc S.F. as a vendor of Golden Gate Regional Center provides these services. The funding for SLS is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.
- The number of hours allocated is determined by Joseph’s needs and goals delineated in his Individual Program Plan (IPP).
#8 — Integrated Work Program

- Integrated Work Program (IWP) is a completely individualized program combining paid work and community volunteer activities.
- This program usually maintains a 1:3 ratio of participant to staff but Joseph’s level of need requires a 1:1 ratio.
- The Arc S.F. as a vendor of Golden Gate Gate Regional Center provides this program, developing the jobs, providing the coaching and supervision for Joseph.
- Funding of IWP is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.
### Decisions for Transition from School to Adult Services

#### Role/Paradigm Shift
- School district and IEP shift level of control to Regional Center and IPP
- IDEA to Lanterman Developmental Disabilities Service Act

#### Medical Provider
- Pediatrics to adult medicine
- Medi-Cal / Medicare
- Private Insurance
# Decisions for Transition from School to Adult Services

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<th>Social / Recreation / Leisure Opportunities</th>
<th>Conservatorship / Guardianship</th>
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<td>● Maintaining control and/or access to services and information (HIPAA regulations)</td>
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<td>● Activities</td>
<td>● “Stripping Away the Rights of the Disabled”</td>
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<td>● Vacations</td>
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<td>● Holidays</td>
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Decisions for Transition from School to Adult Services

**Social Security**
- SSDI denied before (not disabled enough or too much income)
- Supplemental Security Income starting @ 18

**In Home Support Services (IHSS)**
- Referral from Social Security Office
- Determination of Protective Supervision = 283 hrs/mo max
### Decisions for Transition from School to Adult Services

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<th>Housing Options</th>
<th>Support Services</th>
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<td>• Institutions</td>
<td>• Community Integration Training (CIT)</td>
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Decisions for Transition from School to Adult Services

**Work Options**
- Sheltered Workshop (14(c) certificate)
- WAC - Work Activity Center (congregate)
- IWP - Integrated Work Program (community/small group)
- SEP - Supported Employment Program (individualized)

**Continuing Educational Options**
- Community College Classes
- Vocational Education
- Music Classes
- Art Classes
- Internships
Decisions for Transition from School to Adult Services

**Special Needs Trust**
- Building an estate without losing services
- Person with disabilities has no access to these funds
- Must be managed by a trustee

**ABLE Accounts** - *(Achieving a Better Life Experience Act)*
- A savings & investment plan offered by the state for PWD
- Family, friends, employers can contribute up to $15,000/yr w/o affecting beneficiary’s public disability benefits
- Modeled after current Section 529 savings accounts
- Earnings on qualified withdrawals are tax-free
Decisions for Transition from School to Adult Services

Living Wills

- Dealing with our own mortality as parents
- Planning for their life after our death
- Managing inheritance to our family member with disabilities
Thank You

If you have any questions, feel free to email me at pathornbecker@gmail.com

Link to Presentation bit.ly/3kJHsZY