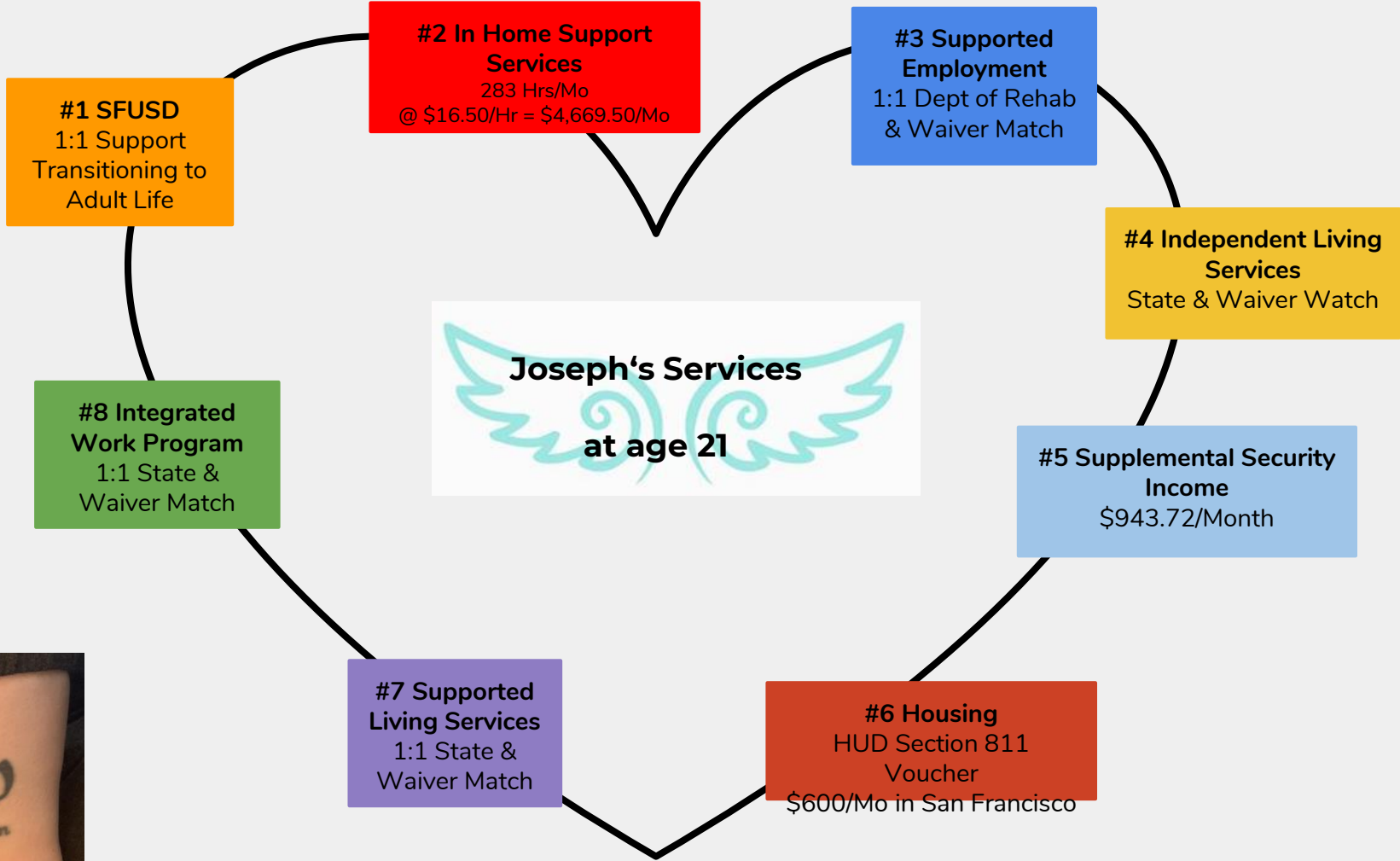


Chipping Away at the Mountain: Journey to Adulthood

When & How to Start, Where to go, Who to talk to. Develop your own Action Plan to Success.

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Link to Presentation
bit.ly/3kjHsZY



#1 – SFUSD (school)

- ★ San Francisco Unified School District Transition Program after high school (for students age 18-22)
- ★ This is a federally and state funded program.

Joseph has had one-to-one paraprofessional support since 5th grade and was fully included in middle and high school.

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#2 — In Home Support Services

In Home Support Services (IHSS)

- ★ personal services (feeding, bathing, food preparation, dressing, etc)
- ★ paid for by the Federal Department of Health and Human Services (HHS) through the City of San Francisco for persons with disabilities over the age of 18
- ★ receiving Supplemental Security Income (SSI)
- ★ Hours are allocated after assessment
 - - 283 hours/month is the current maximum allocated in San Francisco equaling approximately \$4669.50/month.

Joseph is the employer of this support provider.

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#3 — Supported Employment

Supported Employment (individual in a community employment setting with support)

- ★ adult employment program provided by The Arc of S.F.
 - Joseph could enter after leaving the school district in June 2002.
- ★ This program's funding is split between (or matched by) the Department of Rehabilitation (state) and the Home and Community Based Service (HCBS) waiver (federal) programs
- ★ Time limited job coach

Joseph will require one-to-one support.

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#4 — Independent Living Services

- ★ Independent Living Services (ILS) are services designed to teach Joseph to become more independent in his home.
- ★ The Arc S.F. as a vendor of Golden Gate Regional Center (GGRC) provides these services.
- ★ The funding for ILS is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.
- ★ The number of hours allocated is determined by Joseph's needs and goals delineated in his Individual Program Plan (IPP).

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#5 — Supplemental Security Income

- ★ Supplemental Security Income (SSI) disability benefits are paid to people who have a disability, earn little or no income and own assets not to exceed \$2,000.
- ★ SSI is a program financed through general (federal) tax revenues - not through Social Security trust funds.
- ★ Joseph receives \$943.72/month and includes \$160.72 from the state.
- ★ People eligible for SSI are automatically eligible for Medi-Cal.

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#6 — Housing

- ★ The Department of Housing and Urban Development (HUD) awarded a Section 811 Voucher to the apartment building that Joseph lives in.
- ★ The local Public Housing Authority (PHA) administers this federal rental subsidy program. HUD determines the fair market rent for his part of the apartment (\$600/month).
- ★ Joseph can only be required to pay up to 30% of his income in rent (\$232) HUD pays the difference directly to the landlord.

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#7 — Supported Living Services

- ★ Supported Living Services (SLS) are for individuals with severe disabilities to help them live safely in their local community.
- ★ The Arc S.F. as a vendor of Golden Gate Regional Center provides these services. The funding for SLS is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.
- ★ The number of hours allocated is determined by Joseph's needs and goals delineated in his Individual Program Plan (IPP).

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#8 — Integrated Work Program

- ★ Integrated Work Program (IWP) is a completely individualized program combining paid work and community volunteer activities.
- ★ This program usually maintains a 1:3 ratio of participant to staff but Joseph's level of need requires a 1:1 ratio.
- ★ The Arc S.F. as a vendor of Golden Gate Regional Center provides this program, developing the jobs, providing the coaching and supervision for Joseph.
- ★ Funding of IWP is split between (or matched by) GGRC (state) and the Home and Community Based Waiver (federal) programs.

Decisions for Transition from School to Adult Services

Role/ Paradigm Shift

- School district and IEP shift level of control to Regional Center and IPP
- IDEA to Lanterman Developmental Disabilities Service Act

Medical Provider

- Pediatrics to adult medicine
- Medi-Cal / Medicare
- Private Insurance

Decisions for Transition from School to Adult Services

Social / Recreation / Leisure Opportunities

- Friends
- Activities
- Vacations
- Birthdays
- Holidays

Conservatorship / Guardianship

- Maintaining control and/or access to services and information (HIPAA regulations)
- “Stripping Away the Rights of the Disabled”
- Supported Decision-Making

Decisions for Transition from School to Adult Services

Social Security

- SSDI denied before (not disabled enough or too much income)
- Supplemental Security Income starting @ 18

In Home Support Services (IHSS)

- Referral from Social Security Office
- Determination of Protective Supervision = 283 hrs/mo max

Decisions for Transition from School to Adult Services

Housing Options

- Housing and Urban Development (HUD) Section 8 Vouchers
- Supported Living
- Group Homes
- Institutions

Support Services

- Independent Living Services (ILS)
- Supported Living Services (SLS)
- Personal Attendants (PA)
- Community Integration Training (CIT)

Decisions for Transition from School to Adult Services

Work Options

- Sheltered Workshop (14(c) certificate)
- WAC - Work Activity Center (congregate)
- IWP - Integrated Work Program (community/small group)
- SEP - Supported Employment Program (individualized)

Continuing Educational Options

- Community College Classes
- Vocational Education
- Music Classes
- Art Classes
- Internships

Decisions for Transition from School to Adult Services

Special Needs Trust

- Building an estate without losing services
- Person with disabilities has no access to these funds
- Must be managed by a trustee

ABLE Accounts -

(Achieving a Better Life Experience Act)

- A savings & investment plan offered by the state for PWD
- Family, friends, employers can contribute up to \$15,000/yr w/o affecting beneficiary's public disability benefits
- Modeled after current Section 529 savings accounts
- Earnings on qualified withdrawals are tax-free

Decisions for Transition from School to Adult Services

Living Wills

- Dealing with our own mortality as parents
- Planning for their life after our death
- Managing inheritance to our family member with disabilities

Thank You

If you have any questions, feel free to email me at

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