

Self Determination

What is self determination?

The nuts and bolts of self
determination

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What is Self Determination

- A set of principles based on what the person who receives services wants/needs
- An agency developed for one person.
- Make a list of activities the person enjoys
- Develop a PCP
- From the PCP develop the budget
- Implement self determination

Finding support staff:

Local community facebook pages

Unemployment agency

Word of mouth

Student services/ bulletin boards through local colleges

Staffing agency

Craigslist

Training Support staff

Give a good description of what a day with your child looks like.

What do they like to do?

Any behaviors your child might display

Have the provider shadow you for the first few days.

Let them find their way. The provider may not do things just like you do, it doesn't make their way wrong, just different.

Give the provider independence once they catch on, but be available for questions

Encourage questions. No question is a stupid question

Don't assume they know what to do, even providers with experience

How to retain support staff

Be available for questions

There is no “I” in team

Treat providers how you want your loved one treated, with dignity and respect

Be flexible with their schedule, as best as you can

Include them in problem solving, two heads are better than one and this makes them feel like they have input.

Give them positive feedback. Everyone likes to hear “nice job!”

Required paperwork

Make schedule for providers

Coordinate in home therapy services

You will be connected to a fiscal intermediary (FI) that your county contracts with

You will send time sheets to the FI weekly or biweekly depending on what their policies are

Send in any data sheets required by your county, usually monthly